

# PLAYER CODE OF CONDUCT

# FOREST

Play by the rules and within the spirit of the game

# RANGERS

Respect your teammates, your coaches and your supporters

Accept the referee's decision as final. If you disagree, have your captain speak to the match official during a break in play or after the match

Maintain your focus and work hard for one-another

Be a good sport and be prepared to acknowledge good play whether it is from your team or the opposition

Play for the **shirt**, the **badge**, the **club**, play for **each other**.